

Tina Lyons

Tina joined Colusa High School in 2014. In her 8 years of service, she has offered new PE courses, coached (volleyball, tennis, basketball), taught our wheel class of Health and ASB leadership, and even taught math when called upon. I have had the pleasure of watching Tina work with our students for many years. I have always found Tina to exemplify cooperation, morale, and teamwork. Tina has displayed many talents in encouraging and boosting confidence in our players that have contributed to the team's operations and wins on the court. Tina excels at teaching players the rules and strategies of the game. Her mentorship and constructive feedback over the years has kept the team organized while contributing to team positivity. In 2014, Tina was the Appeal Democrat All-Area Coach of the Year after leading the Redhawks to a 24-14 record and an appearance in the CIF State Division V playoffs, where they lost to state runner-up Branson. But coaching volleyball is just one of Tina's many contributions to our school. Tina started the snack bar out of our little closet, helped with the Colusa County Corona Classic, coached the Colusa County Volleyball, and she attends the majority of CHS events. Tina's can-do disposition and group building aptitudes has resulted in her successfully leading the ASB students these last two years. This is just a small part of the many accomplishments that Tina has done in her years with Colusa Unified School District, and we have been blessed to have her as a part of our organization.

It is my pleasure to present the Heart of the Hawk award to Tina Lyons.